



What is a Meal?



A student must choose *at least* 3 of 5 components available for the school lunch price.

Meat/Meat Alternate, Choice of Vegetable,
Choice of Fruit, Grain-Bread and
Choice of 1% White Milk or Fat Free Chocolate

A minimum of ½ cup serving of fruit or
a minimum of ½ cup serving of vegetable
MUST accompany a reimbursable lunch!

