

COURSES OF STUDY**Grades 1-6**

Courses of study for grades 1 through 6 shall include the following:

1. English: Knowledge and appreciation of language and literature, and the skills of speaking, reading, listening, spelling, handwriting, and composition.
2. Mathematics: Concepts, operational skills, and problem solving.
3. Social Sciences: Age-appropriate instruction drawing upon the disciplines of anthropology, economics, geography, history, political science, psychology, and sociology, including instruction in:
 - a. The history, resources, development, and government of California and the United States.

Instruction shall include the early history of California and a study of the role and contributions of both men and women, Native Americans, African Americans, Mexican Americans, Asian Americans, Pacific Islanders, European Americans, lesbian, gay, bisexual, and transgender Americans, persons with disabilities, and members of other ethnic and cultural groups to the economic, political, and social development of California and the United States, with particular emphasis on portraying the role of these groups in contemporary society.
 - b. The development of the American economic system, including the role of the entrepreneur and labor.
 - c. The relations of persons to their human and natural environments.
 - d. Eastern and western cultures and civilizations.
 - e. Contemporary issues.
 - f. The wise use of natural resources.
4. Science: Biological and physical aspects, with emphasis on experimental inquiry and the place of humans in ecological systems.

5. Visual and Performing Arts: Instruction in dance, music, theatre, and visual arts aimed at developing aesthetic appreciation and creative expression.
6. Health: Principles and practices of individual, family, and community health, including instruction at the appropriate grade levels and subject areas in:
 - a. Personal and public safety and accident prevention, including instruction in emergency first aid, hemorrhage control, treatment for poisoning, resuscitation techniques, and cardiopulmonary resuscitation when appropriate equipment is available.
 - b. Fire prevention.
 - c. The protection and conservation of resources, including the necessity for the protection of our environment.
 - d. The effects of alcohol, narcotics, drugs, and tobacco upon the human body.
 - e. Violence as a public health issue.
7. Physical education, with emphasis on physical activities conducive to health and vigor of body and mind.
8. Career awareness exploration.

Grades 7-12

Courses of study for grades 7 through 12 shall include the following:

1. English: Knowledge and appreciation of literature, language and composition, and the skills of reading, listening, and speaking.
2. Social Sciences: Age-appropriate instruction drawing upon the disciplines of anthropology, economics, geography, history, political science, psychology and sociology, with instruction in:
 - a. The history, resources, development, and government of California and the United States, including instruction in:

- a. The history, resources, development, and government of California and the United States, including instruction in:
 - (1) The early history of California and a study of the role and contributions of both men and women, Native Americans, African Americans, Mexican Americans, Mexicans, Asian Americans, Pacific Islanders, European Americans, lesbian, gay, bisexual, and transgender Americans, persons with disabilities, and members of other ethnic and cultural groups to the economic, political and social development of California and the United States, with particular emphasis on the role of these groups in contemporary society.
 - (2) World War II and the role of Americans and Filipinos in that war.
 - (3) The Vietnam War, including the "Secret War" in Laos and role of Southeast Asians in that war.
 - b. The American legal system, the operation of the juvenile and adult criminal justice systems, and the rights and duties of citizens under the criminal and civil law and the state and federal constitutions.

This course may include participation in a teen court or peer court program.
 - c. The development of the American economic system, including the role of the entrepreneur and labor.
 - d. The relations of persons to their human and natural environments, including the wise use of natural resources.
 - e. Eastern and western cultures and civilizations.
 - f. Human rights issues, with particular attention to the study of the inhumanity of genocide, slavery, and the Holocaust.
 - g. Contemporary issues
3. Foreign language(s): Understanding, speaking, reading, and writing, beginning not later than grade 7.

4. Physical Education: Emphasis on physical activities conducive to health and vigor of body and mind, as required by Education Code 51222.
5. Science: Physical and biological aspects; emphasis on basic concepts, theories, and processes of scientific investigation and on the place of humans in ecological systems; appropriate applications of the interrelation and interdependence of the sciences.
6. Mathematics: Mathematical understandings, operational skills and problem-solving procedures; algebra.
7. Visual and Performing Arts: Dance, music, theatre, and visual arts, with emphasis upon development of aesthetic appreciation and creative expression.
8. Applied Arts: Consumer and homemaking education, industrial arts, general business education, or general agriculture.
9. Career Technical/Vocational-Technical Education: In the occupations and in the numbers appropriate to the personnel needs of the state and community served and relevant to the career desires and needs of students.
10. HIV/AIDS prevention
11. Personal and public safety, accident prevention and health, including instruction in:
 - a. Emergency first aid, hemorrhage control, treatment for poisoning, resuscitation techniques, and cardiopulmonary resuscitation when appropriate equipment is available.
 - b. Fire prevention.
 - c. The protection and conservation of resources, including the necessity for the protection of our environment.
 - d. Venereal disease.
 - e. The effects of alcohol, narcotics, drugs, and tobacco upon the human body and upon prenatal development.
 - f. Prenatal care.

- g. Violence as a public health issue.

In addition, the course of study for grade 7 and/or 8 may include parenting skills and education that address at least all of the following:

1. Child growth and development.
2. Parental responsibilities.
3. Household budgeting.
4. Child abuse and neglect issues.
5. Personal hygiene.
6. Maintenance of healthy relationships.
7. Teen parenting issues.
8. Self-esteem.

College Preparatory Courses

The Superintendent or designee shall identify courses in history-social science, English, mathematics, laboratory science, languages other than English, visual and performing arts, career technical education, and college preparatory electives that may qualify for designation as "a-g" college preparatory courses. He/she shall submit course information to the University of California (UC) including, but not necessarily limited to, the course title, subject area, grade level(s), unit value, a brief course description, prerequisites and co-requisites, texts and supplemental instructional materials used in the course, whether the school is seeking designation of the course as an honors course, and whether the course is classified as a career technical education or regional occupational program course. He/she also shall electronically submit updates to UC whenever course content changes or a course will not be offered in a particular year.

Notification to Students in Grades 9-12

At the beginning of each school year, the Superintendent or designee shall update the written information on the website that includes all of the following:

1. A brief explanation of the course requirements for admission to UC and the California State University (CSU);

2. A list of the current UC and CSU web sites that help students and their families learn about college admission requirements and that list high school courses that have been certified by UC as satisfying the requirements for admission to UC and CSU;
3. A brief description of what career technical education is, as defined by the California Department of Education (CDE);
4. The Internet address for the portion of the CDE web site where students can learn more about career technical education; and
5. Information about how students may meet with school counselors to help them choose courses that will meet college admission requirements and/or enroll in career technical education courses.

Revised: June 13, 2012
September 24, 2008
Adopted: May 9, 2001